



I have enrolled in the personalized health and fitness program offered through the JP Academy, LLC (JitPit). I recognize that the program may involve strenuous physical activity including, but not limited to, muscle strength and endurance training, cardiovascular conditioning and training, and other various fitness activities. I hereby affirm that I am in good physical condition and do not suffer from any known disability or condition which would prevent or limit my participation in this exercise program. I acknowledge that my enrollment and subsequent participation in purely voluntary and in no way mandated by the JP Academy, LLC (JitPit). _____(Initials)

In consideration of my participation in this program, I hereby release the JP Academy, LLC (JitPit) and its agents from any claims, demands, and causes of action as a result of my voluntary participation and enrollment. _____(Initials)

I fully understand that I may injure myself as a result of my enrollment and subsequent participation in this program and I hereby release the JP Academy, LLC (JitPit) and its agents from any liability now or in the future for conditions that I may obtain. These conditions may include, but are not limited to, heart attacks, muscle strains, muscle pulls, muscle tears, broken bones, shin splints, heat prostration, injuries to knees, injuries to back, injuries to foot, or any other illness or soreness that I may incur, including death. _____(Initials)

I agree to hold harmless the JP Academy, LLC (JitPit) and all other individuals, organizations, sponsors, promoters, operators, hosts, instructors, associations, schools, owners, officials, directors, employees and other participants connected with the event from all losses, damages, injuries, causes of actions, claims, or complaints in the event that the participant is damaged or injured in any way during the participation, instruction and/or performance of any exercise or during any activity associated with the event location or during transit to or from the event. _____(Initials)

I agree to strictly obey instructors and observe all safety rules. _____(Initials)

I agree that any pictures, audio, or visual recordings taken in connection with the instruction can be used for publication, promotion, articles, shows and advertisement without additional consent and without compensation at this time or any other time. _____(Initials)

I HEREBY AFFIRM THAT I HAVE READ AND FULLY UNDERSTAND THE ABOVE STATEMENTS AND AGREE TO ITS PROVISIONS. I AM NOT UNDER THE INFLUENCE OF ANY DRUGS, ALCOHOL, OR OTHER INTOXICANTS AND AM NOT SUFFERING FROM ANY ILLNESS OR INCAPACITY.

Participant's Printed Name:		DOB:
Parent/Guardian Printed Name (if under 18):		
Phone #:	Emergency Phone #:	Email:
How did you hear about us?		

Signature of Participant or Parent/Guardian (if under 18)

Date

Instructor Name and Notes: